

**Lenore C. Pranzo, M.A., LMFT, Cht, PhD**  
**Redding Counseling, LLC.**  
**781 North Park Avenue**  
**Redding, CT 06896**

**Current Policies and Procedures**

**My background** – I am a Marriage and Family Therapist with a background in fertility, substance abuse, family, mental health and adolescent counseling. I have a MA from Fairfield University in Marriage and Family Therapy, a Masters in International Economics and Management from Bocconi University in Milan, Italy and a BA in Finance from Sacred Heart University in Fairfield, CT. I have worked with Liberation Programs in Stamford, Silver Hill Hospital in New Canaan, CT and most recently at Hall-Brooke Behavioral Health Services in Westport, CT. Prior to a career in Therapy I have worked successfully for 10 years in corporate roles in business and human resources management. I am a member of both the American Association of Marriage and Family Therapy and the Connecticut Association of Marriage and Family Therapy.

**Therapy Process** - Therapy will be focused on the specific concerns that brought you to seek treatment. It will include an emphasis on clarifying and improving family and other relationships in order to achieve your goals. A thorough physical exam is recommended. **Please note** that when you embark on a therapeutic journey that there are risks you will be taking when your relationships change and you are confronted with life altering decisions.

**Fees** – Fees are established jointly during your first session. Payment is due at the end of each session. I request 24 hours prior notice for cancellations. Otherwise you will be financially responsible for the time reserved for you unless it is deemed an emergency.

**Insurance Coverage** – Redding Counseling, LLC (Lenore Pranzo), will submit insurance claims for coverage which may include Out-Patient Treatment reports, and Diagnostic Treatment Summaries.

**Referral Services** – I work cooperatively with other service agencies and professionals in the area and will suggest a referral in the event that another agency or professional is better able to help you. When psychiatric consultation or medication seems indicated, I will provide you with a referral.

**Office Hours and Emergencies** – Appointments extend to 50 minutes. Please note that I am unable to offer emergency coverage. If in an emergency you are unable to reach me, please contact your family physician, clergy, nearest hospital or call Infoline at 211.

**I/we have read and understood the above information.**

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Client Signature

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Date

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Client Signature

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